

# Junior School Sexuality Education and Respectful Relationships

5/08/2019

Dear Parents,

This term we will be undertaking a whole school mandated Sexuality Education program called Catching on Early. Attached is a weekly break down of the topics to be covered and a brief outline of what this will include.

If you have any further questions please do not hesitate to contact us.

Many thanks,

Jane Hart

<b>Catching on Early &amp; Respectful Relationships Topic 7</b>	
Week 1 Date: Tuesday 16 <sup>th</sup> July	Send out letter to parents <ul style="list-style-type: none"> <li>- Tell me about when I was little</li> </ul>
Week 2 Date: Tuesday 23 <sup>rd</sup> July	Lesson: When I was a baby <ul style="list-style-type: none"> <li>- Introducing me – When I was a baby</li> </ul>
Week 3 Date: Tuesday 30 <sup>th</sup> July	Lesson: I know my body too <ul style="list-style-type: none"> <li>- Look how much I've grown</li> <li>- My body- naming the parts of the body including genitals</li> </ul>
Week 4 Date: Tuesday 6 <sup>th</sup> August	Lesson: Family circles <ul style="list-style-type: none"> <li>- Simon Says (awareness of similarities and differences)</li> <li>- Family circles – the people in my family</li> </ul>
Week 5 Date: Tuesday 13 <sup>th</sup> August	Lesson: Who we can ask for help at school? <ul style="list-style-type: none"> <li>- A bag of worries</li> <li>- Map making – Who can we ask for help at school?</li> </ul>
Week 6 Date: Tuesday 20 <sup>th</sup> August	Respectful Relationships Topic 7 – Gender and Identity Activity 1: Identity – Comparing personal preferences <ul style="list-style-type: none"> <li>- Identify some of the different things that they enjoy doing</li> <li>- Compare ways in which their preferences may be similar to or different from those of their peers</li> <li>- Identify that it is important to have a variety of skills and strengths to develop resilience</li> <li>- Identify that knowing about our own and other people's interests and preferences can improve the way we work and play together</li> </ul>
Week 7 Date: Tuesday 27 <sup>th</sup> August	Activity 2: Labels are for jars not for people Students describe what labels are used for <ul style="list-style-type: none"> <li>- Compare the difference between labels used on containers and those applied to people</li> <li>- Identify that it is not helpful to apply labels to people</li> <li>- Practice using statements which challenge the limiting nature of gender labels</li> </ul>
Week 8 Date: Tuesday 3 <sup>rd</sup> September	Activity 3: Inclusive gender stories <ul style="list-style-type: none"> <li>- Identify that being a girl or a boy should not determine or limit the sorts of sports or activities that they enjoy</li> <li>- Students talk about they can do if someone tells them boys can't or girls can't do these things just because of their gender</li> </ul>
Week 9 Date: Tuesday 10 <sup>th</sup> September	Activity 4: Using personal strengths to resist <ul style="list-style-type: none"> <li>- Review the character strengths cards</li> <li>- Identify personal strengths that could be useful when dealing with situations in which people seek to limit their interests based on gender stereotypes</li> <li>- Identify and describe personal strengths which they have used in the previous few days</li> <li>- Select a character strength which they intend to use more in the upcoming week</li> <li>- Develop their strengths through cooperative play</li> </ul>
Week 10 Date: Tuesday 17 <sup>th</sup> September	Revision

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