



SOMERVILLE RISE PRIMARY SCHOOL



ON-LINE LUNCH ORDERS

You can now order your child's lunch online @

www.myschoolconnect.com.au

Download the App at the App Store or Google play

We have everything ready to go to make Lunch orders easy. All you need to do is register, add your kids, don't forget their grades, choose their lunch and we will take care of the rest. You can order in advance or on the morning until 8.30am Too easy!! Categories are the same as this menu with some extra yummy choices. 😊

CANTEEN LUNCH ORDERS

For orders direct to Canteen Please write the following details for your child's lunch order on a **Paper Bag**;

Child's Name & Grade, Food order, Cash amount enclosed
Food Allergies in **Red Pen**
Please provide one bag per order

*If a bag is not supplied 20c for a bag will need to be included.



Grab a Coffee or Hot Choc

| | |
|------------------------------|--------|
| Hot Chocolate | \$2.00 |
| Coffee SM | \$3.30 |
| Tea | \$2.00 |
| Light Milk and Soy Available | |

TERM 3 2019

CANTEEN MENU



Nutritional Guide

All The Food in this Canteen Menu has been ranked by Nutrition experts using smiley faces. This allows you to make informed choices about your child's daily nutritional requirements.

😊😊 = Green 😊 = Amber

This Menu is in line with the DEECD School Canteen and other School food Policy "

info@stircrazykids.com.au

Facebook/stircrazykidscanteen

TUMMY TEASERS

Available for lunch orders and every Canteen day at Recess and Lunch time

| | | |
|----|---------------------------------------|------------------------------------|
| 😊😊 | Orange 1/4 | .30c |
| 😊😊 | Slinky Apple | \$1.00c |
| 😊😊 | Slice of Fruit in Season | .60c |
| 😊 | Mini Muffin | \$1.00c |
| 😊 | Anzac Biscuit | \$1.00c |
| 😊 | Corn Flake cookies (Gluten Free) | \$1.00c |
| 😊😊 | Garlic Finger | .50c |
| 😊 | Jumpys (Chicken/Salt&Vin) | \$1.10 |
| 😊 | Vege Chips (Gluten Free) | \$1.50 |
| 😊 | Grain Waves | \$1.50 |
| 😊😊 | Pop Corn Large | \$1.50 |
| 😊😊 | Small Bag | .50c |
| 😊 | Ginger Bread People | \$2.00 |
| 😊😊 | Yoghurt Tubs—Topper with Fruit Coulis | Sml- \$1.00 Med- \$1.50 Lge-\$2.00 |
| 😊😊 | Juicies—Frozen Fruit Icy Pole | \$1.00 |

DRINKS

| | | |
|---------------|-------------------------------|--------|
| 😊😊 | Juice Box 250ml— | |
| Apple /Orange | Apple & Blackcurrant | \$1.80 |
| 😊 | Oak Milk 300ml | |
| | Choc / Straw / Vanilla | \$2.50 |
| 😊😊 | Plain Milk 300ml | \$2.50 |
| 😊😊 | Lactose Free Choc Milk | \$2.50 |
| 😊 | Hot Chocolate | \$2.00 |
| 😊😊 | Bottled water | \$1.50 |



SOMERVILLE RISE PRIMARY

SPECIAL MEAL DAYS

MUNCHY MONDAY

- ☺☺ Steamed Dim Sims **\$1.00**
Gluten Free \$1.50
 With or without Soy sauce

WICKED WEDNESDAY

- ☺☺ Baked Macaroni Cheese **\$4.00**
 Add Tuna or Chicken for \$1.00

TEMPTING THURSDAY

- ☺ Mrs Mac's Lite N Up
 Sausage Roll 120gm **\$3.00**
 ☺ Mrs Mac's
 Meat Pie 175gm **\$4.50**
 Sauce **.20**

FANCY FRIDAY

- ☺ Hot Dog
 White Hi Fibre roll and Frankfurt **\$3.80**
 Add Cheese **.20**

SPECIAL MEAL DEAL

Include an Oak Milk or Plain Milk for \$2.30 Add a Slinky Apple, Anzac, Cornflake cookie or a Mini Muffin for .80c each

Order online Details PTO

RIGHT-ON-WRAPPS

Tortilla Style Wrap with your choice of:

- ☺☺ Cheese & Salad \$4.00
 ☺☺ Ham & Salad \$5.00
 ☺☺ Chicken & Salad \$5.00
 ☺☺ Tuna & Salad \$5.00

SUPER SALAD BOWL

- ☺☺ Super Salad Bowl **\$4.00**



Lettuce, Tomato, Carrot, Cucumber & Cheese

Add any extra filling for \$1.00 EA

Chicken, Ham, Tuna, Egg, or Avocado

YUM! YUM! YUM!

HOT ITEMS ANY DAY

Meal Deal Any Day

- ☺☺ Penne Pasta & Oak Milk **\$6.30**
 Add a Slinky Apple, Anzac Cornflake cookie or a Mini Muffin for .80c each

- ☺☺ Penne Pasta with Cheese **\$4.00**
 (Available Gluten Free)
 ☺☺ Mini Corn Cob **\$1.00**
 ☺☺ Hard Boiled Egg **\$1.00**
 ☺☺ Pita Pizzas Margarita **\$4.00**
 Ham & Cheese **\$4.40**
 Hawaiian **\$4.80**

SUPER SANDWICHES

& ROCK 'N' ROLLS

Your Choice White Hi Fibre/Wholemeal Rolls are available for an extra 60c

Gluten Free Bread & Lactose Free Cheese Available

Not Available Fridays due to early lunch

- ☺ Vegemite **\$2.40**
 ☺ Honey **\$2.40**
 ☺☺ Cheese **\$2.70**
 ☺☺ Cheese & Vegemite **\$3.00**
 ☺☺ Cheese & Lettuce **\$3.20**
 ☺☺ Cheese & Tomato **\$3.20**
 ☺☺ Egg **\$3.20**
 ☺☺ Egg & Lettuce **\$3.70**
 ☺☺ Fresh Chicken **\$3.70**
 ☺☺ Fresh Chicken & Salad **\$5.00**
 ☺☺ Ham **\$3.70**
 ☺☺ Ham & Salad **\$5.00**
 ☺☺ Ham & Cheese **\$4.20**

Truly Tasty Toasties

- ☺ Vegemite **\$2.40**
 ☺☺ Cheese **\$2.70**
 ☺☺ Ham **\$3.70**
 ☺☺ Ham & Cheese **\$4.20**
 ☺☺ Chicken & Cheese **\$4.20**
 ☺☺ Cheese & Vegemite **\$3.00**
 ☺☺ Cheese & Tomato **\$3.20**