

## Emotionally Intelligent Parenting

A six-session parenting program for  
parents of primary school aged children

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

**Tuning in to Kids** shows you how to help your child develop *emotional intelligence*.  
Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success  
than IQ

Presented by Fiona Martin and Carly Elias (Better Place Australia). Fiona had been  
SRPS's Student Wellbeing Officer for the past few years and is now bringing Carly's  
expertise and experience to support our community

**Where:** Somerville Rise Primary School

**When:** Session one begins Wednesday  
31<sup>st</sup> July 1.15-3.15pm and each Wednesday  
Until 4<sup>th</sup> September

**Contact:** To register call Somerville Rise PS  
Office on 59778500 or Carly 0491153329

