

Tuning in to Kids

Emotionally Intelligent Parenting

A six-session parenting program for
parents of primary school age children

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop *emotional intelligence*.

Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ.

Presented by Fiona Martin and Carly Elias, Better Place Australia. Fiona has been SRPS's Student Wellbeing Officer for the several years and is now bringing Carly's expertise and experience to support our community.

Where: Somerville Rise Primary School

When: Session 1 begins on Tuesday 14th May 10am-12pm and then each Tuesday until the end of term (except Queen's Birthday week)

Contact: Somerville Rise PS Office
5977 8500 or
register through Eventbrite



<https://www.eventbrite.com.au/e/tuning-in-to-kids-emotionally-intelligent-parenting-tickets-60650263571>