



# SOMERVILLE RISE PRIMARY SCHOOL CANTEEN MENU

## 2016 SUMMER MENU (TERMS 4 & TERM 1 2017)

### PLEASE NOTE: CANTEEN IS CLOSED ON TUESDAYS

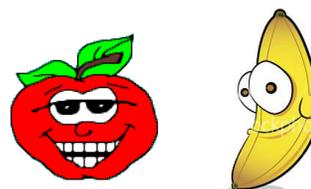
Please write your child's name, room number and lunch order on a lunch bag and enclose correct money if possible. Any change will be taped inside the lunch bag. Please note if you haven't got a lunch bag you can use an envelope and enclose 10c extra for a lunch bag. Please fold lunch bags into four and do not use staples or sticky tape to seal. If an icy treat is ordered students need to bring their lunch bag to the canteen counter during their lunch break. Steamed Dim Sims are the only hot food that can be ordered over the counter at recess and lunch.

**In accordance with Government guidelines, we have a menu with healthy choices.**

**Remember to choose a healthy lunch, the more smiles the better the choice!**

😊😊😊😊 **Excellent Choice**

A healthy choice, appropriate for daily consumption.



### Main Items

#### Sandwiches

Vegemite	\$2.20
Cheese and tomato	\$2.80
Egg and lettuce	\$2.80
Leg ham	\$3.20
Leg ham and salad	\$4.00
Roast chicken	\$3.20
Roast chicken and salad	\$4.00
Salad	\$3.00

### Snacks

Carrot sticks	\$0.50
Roll ups	\$0.80
Rice crackers	\$0.50
Fruit salad (seasonal fruit)	\$2.00
Hard boiled egg	\$0.80
Fresh fruit	\$0.80
Apple slinky	\$1.00
Bottled Water	\$1.20

Salad includes: tomato, carrot, cucumber, lettuce and beetroot on request. Add 20cents for mayo, 50 cents for cheese. All sandwiches are made on wholemeal bread. For rolls add 50 cents. For Gluten free bread add 60 cents. For toasted sandwiches add 40 cents.

### Wraps

Mexican: Chicken, lettuce, salsa and cheese.	\$4.00
Hawaiian: Chicken, lettuce, cheese and pineapple.	\$4.00

### Salad Boxes

Caesar Salad: Chicken, lettuce, egg and Caesar dressing.	\$4.00
Italian Salad: Chicken, lettuce, tomato and Italian dressing.	\$4.00

### Birthday Cakes

Individual iced cup cakes for the whole grade to share your child's birthday. 50 cents each. Large party cakes available on request. Please allow 2 days notice for all cake orders. Call Alison 0414568179

😊😊😊 **Good Choice**

A 'better' choice, but not for every day consumption.

**Main Items**

Fried rice	\$3.50
Hot cheese roll	\$3.00
Hot roast chicken roll	\$4.00
Corn Cobs	\$1.00
Nachos (add 20c for sour cream )	\$3.50
Full cup of bakes Beans	\$1.50

**Drinks**

So Juicy 100% juice	\$1.50
Oak milk drinks (300ml fresh)	\$2.20
Classic chocolate(500ml)	\$3.20
Play water ( flavoured)	\$2.00
Minke Ice drinks mini	\$1.00
Midi.	\$3.00
Hot Chocolate	\$2.00
Banana Smoothie	\$2.00

😊😊 **Fair Choice**

A less healthy choice. Only for occasional consumption.

**Main Items**

Lasagne	\$3.50
Fantastic Noodles	\$2.50
Steamed Dim Sims	\$0.80
( or 3 for \$2.00)	

😊 **OK Choice**

A less healthy choice. Only for **very** occasional consumption.

**Main Items**

Baida Chicken Nugget or fish finger	\$0.60
Mrs Macs Good Eating Party Pie	\$1.20
Good Eating Sausage Roll	\$2.50
Mrs Macs Good Eating Cruiser Pie	\$3.50
Hawaiian or Margarita Pizza slab	\$3.00
Chicken Burger	\$3.50
Hot Dog	\$2.80

Please add 20 cents for tomato sauce

For any queries or assistance please don't hesitate to call me.

Thank-you, Alison Duncan, Canteen Owner/Manager

**Frozen Treats**

Streets school range icy poles	
Paddle Pop cyclone	\$1.60
Paddle Pop	\$1.60
Mini Calipo	\$1.00
Icy Twist	\$1.00
yoghurt paddlepop	\$1.80
Zing yoghurt tubes	\$0.60

**Home made snacks**

cookies	\$1.20
(Cookies are Anzacs or choc fudge)	
Muffins	\$2.00
(banana, blueberry or apple/cinnamon)	
Home made Gingerbread men	\$1.00

**Snacks**

JJ or vege crackers	\$1.00
Popcorn varieties	\$1.00
pumpkin seeds/ rice crackers	\$0,50
Tiny Teddies	\$0.60
Zing fruit jelly drops	\$0.25

**Gingerbread Monday**

Receive a free gingerbread man with every lunch order

**Wednesday Special**

Fantastic Noodles with either a playwater or Oak Milk for \$4.00

**Thirsty Thursday**

Home-made milkshakes, just \$1.00 when ordered with a lunch order. Chocolate, strawberry, banana and caramel.