PRINCIPAL’S REPORT – Nicky Fammartino

It has been great meeting many of the families that have come into the school to celebrate the exciting events taking place at Somerville Rise Primary School over the last fortnight. I feel so honoured to be part of such a positive community filled with people who go above and beyond to make sure the school experience is not only educational but enriching and memorable.

On Thursday the 8th the gods were on our side and the weather was glorious for our Annual Footy-a-thon and 21st birthday celebrations. The contents of the time capsule will be displayed around the school and made available on the school web page.

There is too much to celebrate this fortnight so I will list a few of our highlights:

- Numeracy Week - Mon 29th Aug-Fri 2nd Sep.
- Multi age Groups - Thur 1st Sep.
- Prep excursion to Chesterfield Farm Friday 26th Aug.
- Grade 2 Somers Day Camp - Monday 5th Sep.
- Alison Albert held a radio interview with RPPFM - 30th Aug.
- August Leader Newspaper article - Tuesday 30th
- District Athletics at Ballam Park - Wed 7th Sep
- 21st birthday celebrations including:
  - Anne Hyde radio interview RPPFM
  - Footy-a-thon
  - Opening time capsule
  - Rotary BBQ
  - School band playing
  - Family mural

Good luck to our Lion’s club team in the Grand Final next Thursday in the Somerville Rise Primary School Library.

Nicky Fammartino
PRINCIPAL
RECOUNT OF GRADE 2 SOMERS CAMP by Tahlia Love 2K

Monday the 5th September was when the grade twos went on camp but first we had breakfast in the Community Centre. The options were pancakes, toast and cereal. I had toast. Most people asked for pancakes. Then we went into the gym with Miss Hart to do some sport activities before we left. After that we got on the bus. When we arrived everyone was excited. First we put our bags down and sat on the basketball court in our three groups. I was in group three. We played tunnel ball after that. The first thing for group three to do was mini golf. There were ten holes. We had partners. My partner was Kealy. Me and Kealy were the first ones finished. Our next activity was orienteering but first there was time left so we did some rock climbing. Then we did orienteering. We were in groups of four. In my group were Tom, Tyla and Oliver. We were looking for the blue squares by following a map. After we found all of them then we ran back to where we started and got to do one more. Then we did the low ropes. It was challenging to stay on the ropes. We had partners in this one as well and I had Kealy again. First she showed us how to do it then we got started. After everything we went on the bus and came back to school. It was amazing, awesome, brilliant and fantastic.

MINDFULNESS APPS

In a world full of busy, fast-paced environments with little time for a break, Mindfulness provides an opportunity to slow down, rest and recuperate, even when you are on the move.

Mindfulness meditation has been used in the treatment of stress, resilience, anxiety, depression and other physical and mental illnesses.

Mindfulness Apps can help both beginners and advanced practitioners alike.

Apps like “Smiling Mind” (free and available for both iPhone & Android), “Calm” (free, available for iPhone & Android) and “Mindfulness Training App” (free, only on Android) are readily available across a number of devices.

These apps aim to be a quick and efficient way to introduce wellbeing, de-stress and breathing strategies and exercises into your life.

They can also be used for children of all ages.

Smiling Mind is a great app to get you started. It was developed by a team of psychologists with expertise in youth, adolescent and adult therapy, and is recommended by Beyond Blue, Inspire Foundation and The Resilience Project.

Check out mindfulness apps in your app store. You’ve got nothing to lose but stress!
PERFORMING ARTS – Dawn Stock

LEARNING INTENTION: to perform a scripted play using appropriate skills and techniques of drama to communicate ideas effectively for an audience.
SUCCESS CRITERIA: Students will be able to speak clearly and loudly; use facial expressions and gestures; make eye contact with the audience.
The students in grade 6 have been developing their drama skills through their involvement in Macbeth. They have spent several weeks rehearsing their parts in the play in preparation for the performance which is being recorded and edited as a mini movie.

SRPS Tree Of Knowledge Mural for our 21st Birthday Celebration
Visual Art - Fiona Martin

A huge thankyou to the whole community for your support in creating and making our Tree of Knowledge Mural. The hand printed leaves will be completed by next term and added to the Mural.

The Agass family have been pivotal in this Mural and they need to be congratulated on their persistence, dedication and creativity. They are a delight to work with many, many thanks.
We had a great turn out to our Fathers’ Day breakfast last Friday. Our special guests were served hashbrowns and scrambled eggs. Thanks to all the mums who came and cooked. Thank you to Somerville Egg Farm and Bakers Delights for their donations for our Fathers’ Day Breakfast.

CHESTERFIELD FARM – Grade Prep - 1 Excursion
Chesterfield Farm Excursion

On Friday 26th August, Prep & Grade one students attended an excursion to Chesterfield Farm. This excursion formed part of our Science Unit ‘Down on the Farm’. Throughout the term, students have been provided with the opportunity to investigate the basic needs for survival of animals, including humans, and how their senses help them to stay alive.

The Farm was bustling with a wide variety of animal and plant life. Students were required to have all their senses ‘switched on’ as they readily explored the sounds, sights and smells of the Chesterfield Farm.

Here are some highlights from the excursion:

Fun tractor ride, visiting the Discovery Centre, cuddling animals in the animal nursery, feeding farm animals, milking a cow, watching the teachers having a race milking a cow, the sheepdog show and walking around the farm in our gumboots.

Learning Intention: To explore the needs of animals using our senses.

Success Criteria: I can use my sight, touch, hearing and smell to explore the needs of animals at Chesterfield Farm.

GRADE 3 – 4 – Stephanie Hall

Poetry in Grade 4

This term the Grade 4s have been studying poetry, including Haiku poems. A Haiku poem has three lines, with the first and third lines having five syllables each and the second line having seven syllables. Once we had developed our skills in writing these poems, we challenged ourselves by writing ‘Who Am I?’ Haiku poems. These poems were written on the front of a booklet and included clues that were needed to identify the object inside.

Try to solve these Haiku ‘What am I?’ poems:

I am very slow
I like to swim in the sea
I have a big shell
What am I?
By Curtis

I am round and bounce
I’m white and fly through the air
I can go through rings
What am I?
By Madi Q.
COMMUNITY NOTICES

St Andrew’s Anglican Church
Somerville invites you to

**Messy Church**

Saturday 17th September
4.30 – 6.30 pm

And every third Saturday of the month: Oct 15th, Nov 15th and Dec 17th

Messy Church is for families and people of all ages – everyone from 0 to 100 – and includes fun hands-on activities, celebration and a meal together.

[www.standrewsssomerville.org.au](http://www.standrewsssomerville.org.au)

Enquiries to Marie 0410 75 75 75 or standrewsssomerville@bigpond.com

---

**Earn & Learn**

The students in years 5 and 6 have been participating in an economics topic called Earn and Learn, where it is based around establishing a mini-community within our classrooms. All students will have the opportunity to earn a wage, pay taxes and bills, and generally engage in different budgeting, buying and banking activities that they may use in their financial futures. Using ‘school money’ only, the students have worked in small groups to build up a business and advertise their products and/or services for others to experience. There are some very creative businesses on offer and the classrooms are a buzz with excitement and spruiking.

#Photobooth is a great place to visit for that funny group photo or special selfie!

If your nails are in need of some colour, then SCAL is the place to be pampered!

Check out Pear Devices for all of your new p-phones and technological devices!
SOMERVILLE CRICKET CLUB
Registration day

When: Monday 12th September
Time: 5.00 – 7.30 pm
Where: Fruitgrowers Pavilion

How Much:
- Under 10’s: $120
- Under 12’s: $140
- Under 14’s: $170
- Under 16’s: $170
- All Girls 11-18: Free Rego

In2cricket: $85 (online)
T20 Blast: $110 (online)

EFT Available
These advertisers support us, please support them.

Dance Lab

Whether you want to dance for fun or aspire to greatness, Dance Lab is the place for you. Purpose built studios in Somerville. For more information contact us:
www.dancelabvic.com.au
dancelab.info@gmail.com
We offer classes in:
- Mini Classes for 2 year olds
- Ballet
- Jazz
- Tap
- Hip Hop
- Contemporary
- Acrobatics
- Extended Classical Programme
- Troupes
- Private Tuition
- Adult Class
Classes are suitable for all ages, starting 2 years old.

Wagtail Cottage

Wagtail Cottage Early Childhood Care & Education
1140 Frankston Flinders Rd
Somerville 3912
Ph: 03 5977 5576
Email: wagtail@sparrowearlylearning.com.au

YMCA Somerville

Health & Aquatic Centre

• Swimming Lessons
• Group Fitness
• Gym • Cafe
55 Grant Rd, Somerville VIC 3912
(03) 5977 7711
somerville.ymca.org.au

Baxter Medical & Dental Centre

57 Baxter Tooradin Rd BAXTER VIC 3911
Ph: 5971 1110 – 5971 5907
F: baxtermedicaladental@gmail.com
DENTAL APPOINTMENTS AVAILABLE 6 DAYS PER WEEK
Emergency Dental Care – Preventive Services
Extractions – Cosmetic Dentistry – Dentures
Mouthguards – Crowns & Bridges – Root Canal Therapy
Medicare Child Dental Benefit Schedule Accepted
After School & School Holiday Appointments Available
HICAPS registered – most private health funds accepted
FREE CONSULTATION with a current pension/health care card
BULK BILL MALE & FEMALE GP AVAILABLE FOR ALL YOUR MEDICAL NEEDS

The Sports Injury Clinic

We support for every body
340 367仙女厚云
Ponsonby VIC 3114
Ph: 5393 1395
Fax: 5393 4135
thesportsinjuryclinic.com.au

Guitar & Piano Lessons
$12 per 45 Minutes
children’s music school
Frankston | Mornington | Mt Martha | Tyabb
we teach to play & READ music
comprehensive structured curriculum
qualified teachers | WWC
www.dsemusic.com.au
0416 586 483

Ray White

Contact Leonie Worrall, a true local expert and resident of Somerville, to find out how the Ray White_Know How can benefit you with selling or buying real estate.

Leonie Worrall
0420 979 956
leonie.worrall@raywhite.com